



The Blue and White Armidale City Public School "the heart of Armidale" Quality Teaching since 1861

1 March 2023

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Principal's Report



Yesterday, our school hosted a debating workshop for students across the greater Armidale area. Fifteen of our students, supported by Mrs Woods, participated in a range of activities to develop their debating skills. The day finished with students testing out their arguments against students from other schools. Students will have the opportunity to utilise their skills with upcoming debates.

Today, our school cricket team took part in the first round of competition against a team from Guyra Central School. This is the first Knockout competition to be played for 2023. There are a range of other sports to be played as part of the NSWPSSA Knockouts.

Service NSW Back to School vouchers

We have been advised that the Premier's Back to School voucher program has been extended to include payment of school excursions. This means that families will be able to use up to three \$50 Service NSW

Back to School vouchers to help pay for excursions for any eligible students before 30 June 2023. These vouchers can be used on Stage 2 or Stage 3 excursions, as these cost more than \$50. If you have not used all of your Back to School vouchers already, this could help make overnight excursions more affordable for your family.

Information about the Year 3 overnight camp at Thalgarrah will be provided in the next couple of days. Please return notes by the due date to secure a place.

Knives at school

In the last week, we have seen some students bringing dinner knives in their lunch boxes for the purpose of cutting up food. An attached parent factsheet states that there is no good reason for a student to bring a knife to school. Parents are asked to ensure that food is cut ready for eating and NOT allow students to bring a knife, including a Stanley knife or a craft knife, to school. Following is some information that can be found in a parent fact sheet included in this week's newsletter:

...If a student is found to be possessing or carrying a knife at school the principal may call the police. The student may also be expelled or suspended from school immediately.

Possessing a knife includes a student having one in their bag or locker, even if they do not use it or threaten anyone with it. Having a knife for self-protection is also illegal. Any wellbeing or safety concerns should be escalated to the Principal.

Parents and carers are advised not to send butter knives or fruit knives in lunchboxes, or knife tools for craft purposes. In lessons requiring the use of knives, for example cooking or trades, the student's teacher will supply and supervise the use of the tools.

Every student has the right to feel safe and secure at school. There is no good reason for a student to ever have a knife at school...

Welcome picnic

Families are invited to come along this afternoon, 1 March for the annual P&C Welcome Picnic to be held in the K/1 playground area. Bring a rug and something to eat as children work on their paper plane making and flying skills. This is a wonderful opportunity to meet other parents and some of our staff. Parents are then invited to stay around for the Annual General Meeting of the P&C from 6.30pm.

Take care,

Deborah Nay

P&C News



Our Welcome Picnic and Annual General Meeting are on **tonight!!!** (Wednesday 1 March. Picnic starting at 5pm, followed by the AGM at 6.30pm in the school hall). Please come along - it's a great way to meet other parents and get involved in our wonderful school.

School Calendar



- | | |
|---------------|--|
| 1 Mar | P&C Welcome Picnic and AGM |
| 3 Mar | Armidale Zone PSSA Boys and Girls Hockey Trials |
| 6 Mar | North West Swimming Trials |
| 8 Mar | Catch up individual photos and Kinder Blue Class photo retake. |
| 10 Mar | AFL After School Aus Kick Program 3:15 to 4:15 |
| 10 Mar | Armidale District Boys and Girls Basketball Trials |
| 13 Mar | North West Boys and Girls Tennis Trials |

14 Mar North West Boys and Girls Touch Football Trials

General Information



Red Cross Fund Raiser



On Friday 24 February students participated in a fund raiser with all proceeds going to the Red Cross. Students donated a gold coin to wear play clothes and 50c to guess how many lollies were in the jar. \$551 was raised and will help support Türkiye and Syria after the recent Earthquakes.

Lachlan guessed the exact number of lollies, with a guess of 62.



Class News from Kindergarten Purple and Ms Killen



Surfs up Kinder Purple!

The Kinder Purple students have settled in well to the school routine and have been catching some awesome waves in relation to learning. We have learnt a number of phonemes, which we are beginning to blend to make words and are working on writing our names independently.

We have enjoyed getting to know each other and establishing friendships and support networks within the classroom to foster learning which will hold us in good stead going forward.

We have had adventures around the school hunting for bears and searching for a mysteriously missing principal only to have her turn up in our classroom, which we documented in our own picture book.

KP love learning a new rhyme each week related to our phoneme focus and has made me smile when on occasion they randomly start singing as they work. I have been very impressed with the student's focus and energy when it comes to their learning and establishing a routine.

I can't wait to ride our big learning wave together.

Kinder Purple and Ms Killen













Pp

is for pink and
purple peacocks.







"a" is for apple and ants



Mevan



Arts and Culture News



Congratulations to our Arts and Culture Captains for 2023, **Hansali** and **Tom**.



The Sydney Academy of Chess



The Sydney Academy of Chess tournament took place at Armidale Secondary College on Monday, 27 February. ACPS placed first in the primary division - **Ethan** 6th, **Max & Hamish** 4th, **Joe** 3rd, **Ben** 2nd and **Mack** 1st. Students who qualified for the next round will be notified shortly.











Sports News



Touch Football



On Wednesday 22 February, Boys and Girls travelled to Walcha to trial for the Armidale Zone Touch Football Teams. Congratulations to **Edward, Frankie** and **Lyla** who were selected. They will now travel to Tamworth on Tuesday 14 March to Trial for the North West Touch Football Teams.



Good luck to Armidale City who are playing Guyra Central School in the PSSA Knockout Cricket today.







ES1 and Stage 1 Assembly



Congratulations to our award winners!

Kindergarten Purple

Dilgash, Iyla, Liam, Jeffrey, Navarnah and Henry

Kindergarten Blue

Mai'wenn, Elke, Theo, Ivy, Christopher and Kendrick

K/1 Green

Raiyyan, Archer, Minh-An, Cooper, Grace and Haval

1C

Skyla, Ciara, Eva, Curtis, Ryder and Hamish

1/2W

Bronte, Archie, Patrick, Zhihan, Albert, Madeline-May

2C

Olive, Henry, Remy, Molly, Hayden and Ted

2L

Tina, Emily, Henk, Pheonix, Mischa and Ethan

Work of the fortnight

Kindergarten Purple

Leo and Danni-Lee

Kindergarten Blue

Violet and Agam

K/1 Green

Casey and Neveah

1C

Manvita and Seehar

1/2W

Harry and Gus

2C

Indie and Marli

2L

Paige and Connor

Mrs Ridleys Word of the week



Exacerbate (ig-ZASS-er-bayt)

Verb- Exacerbate means "to make more violent, bitter, or severe."

The Latin adjective acer, meaning "sharp," forms the basis of a number of English words. Acerbic ("having a bitter temper or sour mood"), acrid ("having a sharp taste or odor"), and acrimony ("a harsh manner or disposition") are just the tip of the jagged iceberg.

Community Notice Board





AFTER SCHOOL VISUAL ART CLASSES 2023

Learn about the amazing and exciting world of the visual arts.
Classes start on Wednesday the 8th of February for 9 weeks duration

Where: Art studio in town, Armidale
(email/phone for address)
Cost: \$170 (includes good quality materials)
PHONE: 0498 560 973
EMAIL: dom.nsw@protonmail.com
Time: Wednesdays 4 - 5.30 for 9 weeks

- Creative Kids provider
- Current working with children check
- Registration with Holistic Therapists Australia
- Public liability insurance
- NESA registered teacher



- All Visual Art 2D and 3D mediums and techniques are taught
- Design principles while utilising imagination and free thinking to encourage self-expression and a love of exploration of the individual creative process.
- For older learners a deeper concentration on development of individual technique and creative risk taking enabling less fear and more confidence.



SELF EXPRESSION AND DRAMA!

After school class age 6-15

When: Thursdays 4 - 5pm Term 1 – (9 weeks) **starting February 9th 2023**

Where: Chapel Street Baptist Church Hall, Enid Street, Armidale

Cost: \$120 (Creative Kids Vouchers accepted)

Contact Dominique: 0498 560 973, dom.nsw@protonmail.com

Drama is an excellent modality for the development of important social understandings, teamwork, collective decisions, communications, trust, internal and external boundaries and respect of these with oneself and others. Topics covered include voice projection, miming, characterisation, improvisation and play preparation and performance. The teacher is a qualified holistic and clinically trained creative arts therapist as well as a qualified very experienced teacher of 25 years.

- Creative Kids provider
- Current working with children check
- Registration with Holistic Therapists Australia
- Public liability insurance
- NESA registered teacher



"Stone soup" Production 2022 Glen Innes





"Days of Joy and Heartbreak" Production 2022 Armidale



REGISTER NOW

*TACKLE READY
 5-6YRS
 *TACKLE
 7YRS-SENIORS
 *LEAGUE TAG
 8YRS-SENIORS

READY TO PLAY

PLAYRUGBYLEAGUE.COM

IGNITE

Find us on Facebook: [ArmidaleRams05@gmail.com](https://www.facebook.com/ArmidaleRams05@gmail.com)

ACTIVE KIDS

Armidale Basketball Association



2024 Term 1 Aussie Hoops

Want to learn great ball skills?

Register and turn up to the Aussie Hoops session for rookie players 5 -12 years

10 – 11am Sundays from 5 February to 2 April (9 weeks)

'The Den' at the old Armidale High School (Butler Street South)

Both **new and returning** players should register online at www.aussiehoops.com.au.

At the home page, click on 'Find your state'; enter 2350 in the postcode Search box, then click on the location 'Armidale Secondary College'. This takes you to the registration page.

The cost for new players is \$100 for the 9-week term (includes basketball, personalised training singlet and backpack) while returning players will pay \$65 (no kit). Other merchandise is available for purchase, but they cannot be paid for by AKVs.

Aussie Hoops is Basketball Australia's official junior game development program for children in primary school. They learn basketball in a structured, inclusive and fun environment, developing fitness, skills and an understanding of the sport. The Aussie Hoops program aims to give children the basic skills they need to progress to and enjoy playing actual games.

Armidale Basketball is an Active Kids Provider so you can use the Active Kids Vouchers to help pay for the activity. Carefully follow the directions when registering your child (don't forget to press the Validate button after you put in the voucher number). Returning players can hand in their AKV to the office as payment (if preferred). If you have any concerns, contact Judy. Forgot your email? Contact Judy. Don't know about Active Kids Vouchers?? Check out the link:

[ACTIVE KIDS VOUCHERS NSW](#)

Interested in lending a hand for Aussie Hoops in coaching or administration? We need many hands to help spread the load. We are looking for a person to coordinate Aussie Hoops and the program so Mark can coach. Anyone can learn to do specific job with some great training available. We are also encouraging parents and older siblings to learn how to coach via free online coaching course provided by Basketball Australia. Go to the aussiehoops.basketball website and search through the 'Parent' section of the website to get to the coaching course.

Judy Monaghan
 0417622859
armball@bigpond.com
 Aussie Hoops Coordinator





WEEKLY ONLINE LESSONS AVAILABLE

Weekly online chess lessons with qualified coaches

Access to the Chess Squad Academy website

Chess games and tournaments in a safe environment

Enrol now for 2023

www.sydneycademyofchess.com.au
(02)9745 1170



Scan me for more info

Lesson times during the week Mon-Fri

7:30am - 8:30am
3:45pm - 4:45pm
5:00pm - 6:00pm

Advanced Extension lesson
6:10pm - 7:10pm (Mon, Wed, Fri only)



FREE TERM 1 PROGRAMS FOR KIDS

BOXING FOR KIDS | 7-12 yrs
Non-contact boxing class focusing on fundamental boxing skills and improving physical condition
TUE 4:30 - 5:00 PM

HIP HOP DANCE | 8-12 yrs
Learn more about music, rhythm, coordination and explore movement in its various forms
WED 4:00 - 5:00 PM

CHILDREN'S BOOTCAMP | 7-12 yrs
Physical activities class to stay active and healthy, better stamina and condition through exercise
THU 4:00 - 4:30 PM

MOTOR MOVERS | 6-10 yrs
General movement class to work on motor skills, coordination and balance
THU 4:00 - 4:45 PM


Location: PCYC Armidale (176 Rusden Street).
Numbers are limited. Please contact Brigitta to book your spot
bvelbri@pocnsw.org.au or 0482 165 746

These free programs are run by PCYC Armidale in partnership with UNE's Get Active United program. Get Active United program is proudly funded by the Office for Regional Youth - Children and Young People Wellbeing Recovery Initiative.

Proudly funded by







CREATIVE LEARNING

Term 1 programs at NERAM, 2023



Dick Watkins, Throwaway, 1976, Synthetic polymer paint on canvas, Gift of Chandler Coventry 1970

What's on this term?

KEY EXHIBITIONS

WONDERS OF HINTON
FEBRUARY 3RD - ONGOING

COVENTRY NOIR
FEBRUARY 3 - MARCH 26

NERAM'S IMAGINARIUM
FEBRUARY 3 - MARCH 26

ILLUSTRATING ARMIDALE
FEBRUARY 3 - MARCH 12

Happy New Year from the team at NERAM. This year NERAM celebrates its 40th anniversary and to kick off 2023 NERAM will opening a brand new semi-permanent display of the famous Hinton Collection which will be fabulous for students of all ages and abilities. Toward the end of March NERAM is excited to welcome exhibition Experimenta Life Forms which is a highlight education program involving ground-breaking contemporary artists exploring the link between art, technology, science and society. Links can be made across the arts, english, science, humanities and social sciences and technologies. Please see program details below. We look forward to seeing you all this year at NERAM. For any enquiries please contact NERAM on 6772 5255 or email education@neram.com.au.

Any new players aged 5-10 years looking to give netball a try, we have just the thing for you! We're holding a NetSetGO 'Come and Play' session on Thursday 2 March, from 4-5pm at the Lynches Road Courts. This is the perfect way to have a go and see if you like it before signing up for the season. Send us a message if you'd like to come along.





Newara Aboriginal Corporation

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Dhanggana?! We're going to be starting Anaiwan Language Community Classes on Tuesday the 7th of March, 4:30-6pm every week at 176 Beardy Street (above the Boobooks bookshop in the Armidale Mall). These classes are for Anaiwan people and other Aboriginal people living on Anaiwan Country. All ages welcome!

Nyaka uyitika lanapura (let's all speak soon),

The Nēwara Team
revivinganaiwan@gmail.com

ANAIWAN LANGUAGE COMMUNITY CLASSES

WHEN?

EVERY TUESDAY
4:30-6PM

starting March 7th

WHERE?

176 BEARDY ST
above Boobooks bookshop
in the Armidale Mall



East Armidale United Football Club Come and Try Day!



When- Saturday 11th March

Where- Doody Park

Time- 3.30pm - 5.30pm

**FREE!!
Sausage Sizzle!
Beginners of all ages
welcome!**



5-16 years

**Join our club for an afternoon of family fun while
trying out your soccer skills ready for the 2023
season!**



Switch off the screen & get active!

Limiting the time spent sitting or lying down, especially in front of screens, helps children grow and develop good habits for life.

Australia's physical activity and sedentary behaviour guidelines recommend no more than **2 hours** of sedentary recreational screen time per day.

Effects of too much screen time:

- Poor posture
- Poor eyesight
- Strains of the thumb, wrist and elbow
- Sleep problems
- Delayed ability to make social connections
- Becoming overweight



Physical activity makes children stronger and fitter, they can also concentrate and learn better at school, as well as sleep better at night.

Encourage children to turn off the screen and opt for at least **60 minutes** of daily physical activity instead.



HNELHD-GoodForKids@healthnsw.gov.au
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD





Contact Us

CONTACT
f @ 📞 US

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Email- armidalec-p.admin@det.nsw.edu.au

Fax- 02 67712262

Visit us on the web at www.armidalec-p.schools.nsw.edu.au