



The Blue and White
Armidale City Public School
"the heart of Armidale"
Quality Teaching since 1861

25 October 2023

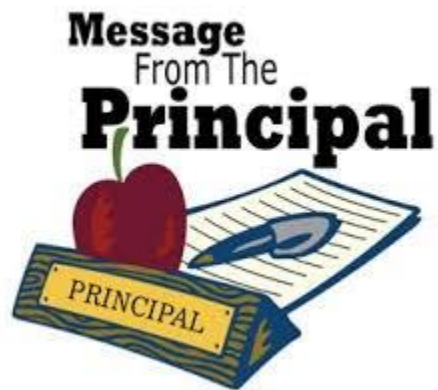
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Principal's Report



This Friday is World Teachers Day. I would like to take this opportunity to acknowledge and thank each of the teachers that work in our school. These people have continued to put student learning and wellbeing front and centre of all that they have done throughout the year. As principal of Armidale City Public School, I am proud of all staff and their professionalism. I wish all teachers a happy World Teachers Day.

Attached to our newsletter this week is an article that outlines some ways that parents can have a great relationship with their child's teacher.

Lots happening

As we work our way through the third week of this term, we have a group of students attending the state athletics championships in Sydney. Students in Kinder Blue, Kinder Purple and K/1 Green have spent today at Thalgarrah for the Teddy Bear's Picnic.

We have some Year 6 students involved in an additional transition to Year 7 session tomorrow. Notes have been sent home for those involved. There is another session for all Year 6 students attending Armidale Secondary College on 16 November.

Our SRC have organised a **mufti day** this Friday, 27 October, to recognise Anti-poverty week. Children have the choice of coming to school with **crazy hair** OR wearing **pyjamas** OR **Halloween costume**. As it is Anti-poverty Week, families are reminded **NOT to spend money on a costume**. Students are asked to bring along an item of non-perishable food for donation to a local food bank, e.g. can of food or dried food (rice, noodles).

Kindergarten in 2024

Transition to school activities will be held from next Wednesday, 1 November, and continue on 8 November and 15 November for those children who have completed their enrolment.

If you have not applied to enrol your child in Kindergarten for 2024, please do so as soon as possible to ensure that your child can be involved. Enrolment applications can be made online at <https://enrol.education.nsw.gov.au/#/?schoolCode=1057>

Selective High School application

If you are a parent of a **Year 5 student** and would like to have your child considered for Year 7 selective high school entry in 2025, **you need to apply on the internet** using a valid email address (not the student's email address). Detailed instructions on how to apply and the link to the online form are available at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>.

Applications close Monday, 20 November 2023. You must apply before the closing date. You must submit only ONE application for each student.

The Selective High School Placement Test will be held on **9 May 2024**.

Parent Portal

From 2024, the Sentral portal is necessary for all financial access as the current online payment system will be discontinued. We have had **160** parents already registered. If you have not done so, please register as soon as possible.

Parents have been sent individualised letters of invitation with case sensitive access keys via email. Your email address will be your username. If you do not have an email address, you will need to set one up. Please make sure that you link your children to your portal so that you will receive information specific to them. The Sentral for Parents app can be downloaded to mobile devices for easier use.

Tell them from me

Each year we ask parents and carers to provide feedback to the school about what we do well and what we can do better. It is important to hear from as many families as possible to provide the most accurate information to help us with our planning for the future. So far, we have had three (3) parents complete the survey. We would like to hear from many more. Almost 140 students have provided feedback via their survey.

You are invited to click on the following link to have your say: <http://nsw.tellthemfromme.com/74yqx> by next Friday 3 November.

Take care and stay safe,

Deborah Nay



ISSUE 3 | TERM 4 | 2023

World Teacher's Day

How to have a great relationship with our kids' teachers

By the time your child graduates high school, they will have spent about 17,640 hours at school. That's a lot of hours. In fact, on a typical school day, our kids spend 2-3 times as many hours with their school teacher than they spend with us, their parents and caregivers.

Our teachers work hard. On average, Australian teachers work 45 hours a week, with many even working on weekends to keep up with the workload. Yet 71% of teachers feel as though their work is unappreciated, and that their profession is not respected. I don't know about you, but anyone who spends twice as much time with my kids as I do on a regular basis deserves to feel all the appreciation in the world. And while buying a #1 Teacher mug or a box of chocolates as a gift on World Teachers Day certainly helps, there are things we can do all year round to have a great relationship with our kids' teachers, and help them to feel supported and appreciated:

Communication

Having open and frequent communication with the teachers goes a long way towards establishing a supportive relationship. This includes taking a proactive approach at the start of the year, where you should share with the teachers any relevant information that may affect your child's performance or behaviour at school. This includes medical conditions, learning difficulties, and even special interests. Then throughout the school year, keep the teacher updated about any changes in your family's or your child's circumstances. Communication can occur through emails or phone calls on an as-needed basis, but also make sure to attend parent-teacher conferences, school events, and any other meetings organized by the school. Frequent contact fosters open communication. Finally, if your child is facing any academic or behavioural challenges, collaborate with the teacher to address any difficulties and identify strategies that you can employ together to support your child's learning.

Involvement

Show interest in your child's education by asking them about their day and experiences in class. When you demonstrate an interest in their education, it sends a positive message. If you can, make time to get involved in the school community. Volunteer in your child's classroom as a parent helper, participate in school events, or join the parent council. Getting involved both supports your child's education and eases the burden on your child's teachers. Finally, support classroom rules and expectations. Don't undermine your child's teachers by disrespecting them at home. Encourage your child to take responsibility in the learning process, and follow the guidelines set by their teachers.

Respect

I wish this didn't need to be said, but sadly it does: Don't verbally threaten, intimidate, or get physically aggressive with your kids' teachers. It's never ok. Respect goes beyond that though. Treat teachers with kindness and appreciation for their work. Take time to acknowledge and appreciate their efforts and dedication. Be grateful for the time they invest into your children. Make sure you see your child's teacher as a whole person (hopefully as an adult you no longer believe that teachers sleep at the school), with responsibilities and interests beyond teaching. Avoid contacting them outside of school hours and be patient in awaiting their responses.

Teachers do one of the most important jobs in our society. They are shaping the next generation of leaders, thinkers, caregivers. Let's do what we can to thank them for everything they do for our kids.



AUTHOR

Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 7 books about families and parenting. For further details visit happyfamilies.com.au.



2/2

School Calendar



Calendar

- | | |
|------------------|--|
| 25-26 Oct | NSW PSSA State Athletics Championships |
| 26 Oct | ASC Orientation Day for EALD and Aboriginal Students |
| 27 Oct | Anti-poverty Mufti Day |

30 Oct	Far Out Science UNE Discovery Excursion
30 Oct	MiniRoos Soccer Program 3:20pm-4:20pm K-2 and 4:30pm-5:30pm Stage 2
31 Oct	3-6 Assembly
1 Nov	Kindergarten Orientation Sessions
1 Nov	P&C Meeting
1-3 Nov	Year 4 Lake Keepit Camp
6 Nov	MiniRoos Soccer Program 3:20pm-4:20pm K-2 and 4:30pm-5:30pm Stage 2
8 Nov	Stage 1 Life Education Van Visit
9 Nov	ES1 Life Education Van Visit

Notes and Money Due

<i>Due Date</i>	<i>Activity and Cost</i>
Now	K-2 Life Education Van, \$6
Overdue	Stage 3 Canberra Excursion Payments

General Information

**GENERAL
INFORMATION**

ARMIDALE CITY PUBLIC SCHOOL SONG

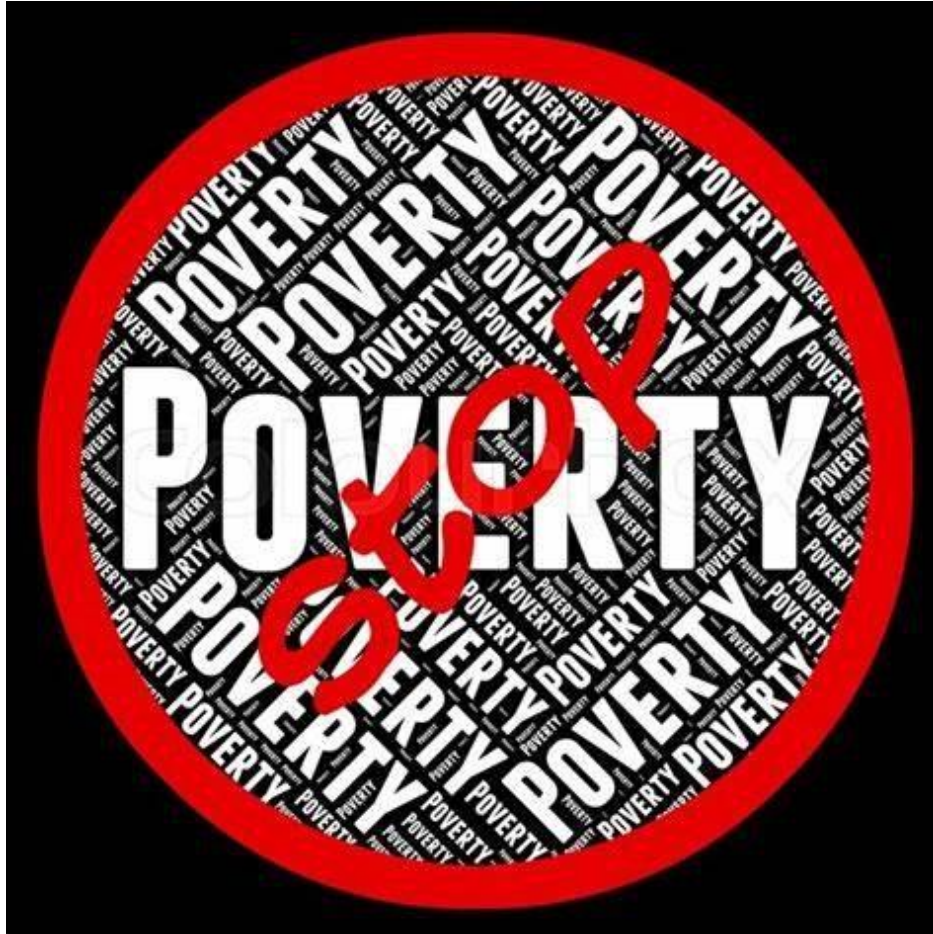
Armidale City the school in the centre
Armidale City in the centre of town
Armidale City, where the children are the centre
They're the focus and the reason
That we call this school our own.

There's experiences creative, intellectually demanding,
Playing sport and learning tolerance, yet proud to be
up-standing,
For a school which has a history dating back to
early days.
When the settlers of New England saw the need for
schooling ways,
"Excel with Honour" is the motto that tradition has
passed down,
Which can mean a quiet achievement, or national renown.
Repeat Chorus

(Words and music by Margaret Coggan)
Donated by Year 6, 2001

Armidale City Public School was saddened to hear that, Miggs Coggan, the composer of our school song, has passed away. Her contribution to our School as a teacher and colleague was immense and valued. Our school would like to extend our commiserations to the Miggs family at this sad time.

Anti-Poverty Mufti Day



A decorative border of various food cans (green, blue, red, brown, yellow) surrounds the central text. At the bottom center, there is a logo for 'Moss Private Education' featuring a stylized tree and the school's name.

Anti-Poverty Week Mufti Day

Did you know that:

- In 2022, in Australia, more than 3.32 million people were living below the poverty line. That's more than 13.4%.
- In 2019/20 – 1 in 6 children (0-14yrs) in Australia were living in poverty.

Poverty is about lack of money – not being able to afford essentials such as food, housing, heating, health care and education. Our Student Representative Council decided to do something about it in one small way.

We are having a Mufti Day!!

Date: Friday, 27 October

Wear: Your choice of CRAZY HAIR or PYJAMAS or HALLOWEEN COSTUME (Remember it's Anti-Poverty Week so don't spend any money on a costume!)

Bring: An item of non-perishable food for donation to a local food bank e.g. can of food or dried food (rice, noodles)

School Student Travel for 2024 (bus passes)



Applications for bus passes in 2024 are now open. Depending on where you are travelling, you may receive a free school travel pass. Students in kindergarten, year 1 and year 2 and student's living more than 2.3km (walking distance) from school can apply for free travel.

You only need to apply for a pass if: you are applying for the first time; your child is moving from year 2 into year 3; or requesting additional passes due to parents living separately.

Please ensure your details are up to date at school so approval can be done quickly.

[Apply for a school travel pass or School Opal card | transportnsw.info](https://transportnsw.info)

School Student Travel

Term 4 2023

2024 school travel applications are now open

Students who need a new or replacement School Opal card or travel pass for 2024 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement because of a new shared parental arrangement (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification for their school travel entitlement should [renew or update](#) their details **before the end of term 4**. This will ensure that schools can endorse applications, and travel passes remain valid for the start of the 2024 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2024.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes.

Students/parents should confirm with their nominated operator if they do not receive a pass.

Changes to your bus service provider

Within Greater Sydney, a number of bus service providers have changed their names.

Parents intending to lodge an application for a School Opal card will need to visit [transportnsw.info/trip-planner](#) to obtain the correct bus operator name servicing your area prior to lodging an application.

Travel from Term 1 2024

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for 2024 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2023, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).




Further information can be found at [Plan your trip to school | transportsw.info](#)

Enquiries can be submitted at [Fares, concessions, tickets & top-up feedback | transportsw.info](#)

Good for Kids, Good for Life





Seasonal fruit and veg


Choosing seasonal fruit and veg for the lunchbox can help keep costs low as these products are often on sale at the supermarket.

In term 4, we see spring and summer! Why not try some of our favourite seasonal fruit and veg options below.

Spring: September - November	Summer: December - February
Fruit: Bananas, watermelon, navel oranges, pineapple, rockmelon	Fruit: Bananas, berries, grapes, watermelon, passionfruit, plums, peaches, apricots
Veg: Avocado, broccoli, carrots, cucumber, potato, pumpkin, spinach	Veg: Avocado, beans, beetroot, capsicum, celery, corn, cucumber, tomatoes, snow peas




Source: Seasonal Vegetable & Fruit Guide (www.swapit.net.au)



HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.

Moxon's Lunch Orders



Moxon's Lunch Orders are now available on Fridays only. Please remember to send your order in to the office, with your child's name and class written on the order form along with the correct change by 9:10am. New order forms are available at the office.

Armidale City Public School
Moxon's Bakery Canteen Order Form
FRIDAY Only

Name: _____

Class: _____

Orders must be handed into the school office by **9:10am**
 Friday morning, with correct change - No EFT Available

Item	Price	Qty	Total \$
Hot Food			
Plain Beef Pie	\$5.00		
Mini Plain Beef Pie	\$2.50		
Beef Cheese & Bacon Pie	\$5.50		
Plain Sausage Roll	\$4.50		
Spinach And Feta Roll - VEGO	\$4.50		
BBQ Sauce	\$0.50		
Tomato Sauce	\$0.50		
Cold Food			
Chicken, Cheese, Lettuce, Mayo Wrap GF Option Available – Please circle	\$5.00		
Lettuce, Carrot, Cheese, Tomato Wrap - VEGO GF Option Available – Please circle	\$5.00		
Ham & Cheese Sandwich	\$4.50		
Chicken, Cheese & Mayo Sandwich	\$4.50		
Cheese & Vegemite	\$3.50		
Snacks			
Fruit Salad Tub - GF	\$4.50		
Custard & Jelly Tub	\$3.00		
Finger Bun	\$2.00		
Chocolate Muffin	\$2.50		
Smartie Biscuit	\$1.50		
Choc Caramel Slice - GF	\$5.00		
Zooper Dooper Ice block	\$1.00		
Drinks			
300ml Plain Full Cream Milk	\$2.00		
300ml Chocolate Flavoured Milk	\$3.50		
300ml Strawberry Flavoured Milk	\$3.50		
350ml Water	\$2.00		
Orange Juice Popper	\$2.50		
Apple Juice Popper	\$2.50		
Total Cash:			\$

Nectarine Trees for Sale



Mrs MacGregor still has Nectarine trees available to purchase from \$5. Please contact the office to place an order and to organise collection.





P&C News



Our next P&C meeting will be held on 1 November at 6:30pm. Everyone welcome.

Arts and Culture News



Some of the Armidale City Public School students involved in the “Home Art” program attended the exhibition opening. It will open until 3pm today and for the next month at the Aboriginal Cultural Centre & Keeping Place on Kentucky Street. Congratulations go to the 27 students involved!





Mrs Ridley's Word of the week



Ubiquitous (Adjective)

(yoo-bik-wi-tuh s)

Definition: **Ubiquitous** is an adjective that means something is present, or seems to be present, everywhere at the same time. It describes the state of being widespread or common.

Community Notice Board



Armidale Basketball Association Term 4 Basketball Activities 2023 for primary school children

Begins Sunday 15 Oct and Monday 16 Oct until early Dec

Primary School Players have a choice of Aussie Hoops for the beginner up to 10 years of age where skills and games are learned or jump into some Miniball games on a Monday afternoon for the older players. All scheduled to return to Armidale Basketball's home ground at The Den located at the Armidale Secondary College (Butler Street 5th).

All NEW primary school players can pay term membership fees for \$100 through the Aussie Hoops website to access the player's kit consisting of a ball, a singlet and a bag as well as the term fees. Register through [Aussiehoopsbasketball](https://aussiehoopsbasketball.com.au). At the home page, Select NSW, enter 2350 in the postcode Search box, then click on the location 'Armidale Secondary College'. This takes you to the registration page. Choose either the Sunday (If in Kinder-yr 2) or Monday (If in Yrs 3-6) session. Please ignore the \$190 price tag for new players - this is an error that we are trying to fix.

Returning Aussie Hoopers - Players 5 - 10 yrs on Sundays beginning 15 Oct. Held each Sunday morning at The Den from 10am to 11am. \$65 for each term (which includes term membership). Register through [Aussiehoopsbasketball](https://aussiehoopsbasketball.com.au). There is also a selection of merchandise that can be also be purchased (these are not covered by AKVs).

Returning Minibasketballers - Games for slightly older player in primary school (years 3-6). Beginning 16 Oct. Games for players in years 3 & 4 will be at 4pm on Mondays while players in years 5 & 6 are at 5pm. Cost of Annual Registration is \$65 (12-17yrs) or \$50 (8-11yrs) plus pay term fees of \$55 all through the ABA website www.armidalebasketball.net.au. - look for the 'Register Now' button with our new lion logo and follow all the instructions. Players will learn new skills and game rules and can also attend training on a Sunday at 10am with no extra charge

- **Active Kids Vouchers** can be used to pay for registration and game fees during the online registration process.

Coaching - We are looking for up to 10 people of all ages to help out with coaching Aussie Hoops and Minibasketball. Basketball Australia has launched the its new suite of online Coach Education so anyone can sign up and gain an online coaching accreditation through the new courses made up of 6 different modules jam packed with new videos and informative learning. The Aussie Hoops and Community Coaching Online courses are now live and FREE to complete. We need the help of parents and older basketballers to assist in the development of the youngest players. Go to the [Aussiehoopsbasketball](https://aussiehoopsbasketball.com.au) site and select the dropdown box called "Centre" at the top of the page. Check out some of the other areas of this website, you will be amazed at the resources and information here. Any membership fees for coaches (\$20) are reimbursed by the Armidale Basketball Association.

Judy Monaghan armball@bjspond.com 0417622859

TAIKOZ



TAIKOZ: SIDE BY SIDE

THURSDAY 2 NOVEMBER 7:00PM

Lazenby Hall, University of New England

Thunderous taiko meets soulful flute, sonorous handpan, dynamic movement - enveloped in colourful light-sculptures

Side By Side features the emerging compositional voices of Taiko players Ian Cleworth, Kerry Joy, Sophia Ang, Ryuji Hamada and Claudia Wherry. At its heart, the program is truly a celebration of the remarkable creativity that resides within the ensemble. Sitting side by side their pieces (pun intended!) is the winning composition of Taiko's 2020 Women Composers Competition - Tasmania-based Karlin Love's Fierce: The Vengeance Of Joy. We're thrilled to have non-taiko playing composers create new works for us, and Karlin's Fierce is the latest in a long line of new works composed especially for our ensemble's unique forces.

"It's the seeing that turns an exhilarating aural experience into something close to dance theatre with a spiritual bent. The virtuosity is thrilling but even better is the sense of pure joy the players transmit." - Weekend Australian

Adults \$55, Concessions \$45, Students \$25

Book now: www.trybooking.com/CFONB



Presented in association with:



ARMIDALE JUNIOR CRICKET 2023/24 SEASON

WOOLWORTHS CRICKET BLAST

For Boys and Girls aged 5 – 10. Your kids will make new friends, learn new skills and experience the thrill of being part of a team



JUNIOR CRICKET – UNDER 11'S TO UNDER 15'S

Hardball competitive cricket in the Armidale & District Junior Cricket competition.

Fixtures to be played Saturday mornings across the summer.

Scan the QR code to search local junior clubs in the Armidale region



UYITIKA KYUNDA CAMP

ANAIWAN SONG & DANCE ON COUNTRY

OCTOBER 28TH-29TH

To mark **NSW Aboriginal Languages Week**, Nēwara is holding an overnight language camp for Anaiwan mob and other local Aboriginal people at *Nyambinga Kyuna*. The camp will involve activities centred around the learning of Anaiwan language, through song, dance, and art.



All ages welcome! Limited places available.
Registration closes 21st of October.

To register, please head to

www.newaracorp.com/programs-and-events

For more information, contact *Michaela Gordon-Briggs*

newaracorp@gmail.com



FUN, FREE FOOTBALL IN THE HEART OF ARMIDALE

ARMIDALE FOOTBALL UNITED



EVERY FRIDAY FROM 20 OCTOBER 2023
3.45-5PM
ROLOGAS FIELDS, ARMIDALE
FOR AGE 8-14

register here

CONTACT EMILY@CREATINGCHANCES.ORG.AU FOR MORE





MiniROOS



KICK OFF YOUR FOOTBALL JOURNEY!



MONDAY; 30 OCT - 20 NOV



3:20PM - 4:20PM (K-Y2)
4:30PM - 5:30PM (YR 3&4)



ARMIDALE CITY PUBLIC SCHOOL



\$50.00

VISIT [PLAYFOOTBALL.COM.AU/MINI-ROOS-KICKOFF-FINDER](https://playfootball.com.au/mini-roos-kickoff-finder)

THIS MINIROOS KICK-OFF NATIONAL
FOOTBALL INTRODUCTORY PROGRAM IS FOR
STUDENTS IN KINDERGARTEN TO YEAR 4



School Sport Unit
Professional Learning



School sport and physical activity

Targeted at K-6 teachers this workshop examines a whole school approach to sport and physical activity using the Sport and physical activity school health check as a self-assessment and planning tool.

Through practical and theory workshops, participants will deepen their understanding and confidence in delivering:

- physical activity across the school day through classroom energisers and physically active English and mathematics lessons
- game-based learning in sport and physical activity
- engaging sport experiences for students in K – 2.

Participants will be provided with the teaching and learning resources required to deliver these programs in the school setting.

Venue: Tamworth Public School, Napier St, East Tamworth NSW 2340

Date: Friday 17 November

Times: 9am - 3pm

Cost: No cost for DoE teachers + relief funds provided.

MyPL Link:






Please email armidalec-p.admin@det.nsw.edu.au if you wish to have your notice included in our newsletter.

Contact Us



Armidale City Public School

Address- 142-152 Faulkner St, Armidale NSW 2350

Phone- 02 6772 3420

Email- armidalec-p.admin@det.nsw.edu.au

Fax- 02 67712262

Visit us on the web at www.armidalec-p.schools.nsw.edu.au