



The Blue and White Armidale City Public School

the heart of Armidale
Quality teaching since 1861



31 August 2022



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Calendar

2 Sep	NW PSSA Athletics
2 Sep	Leisure Sport
6 Sep	Book Character Parade
7 Sep	Premier's Debating Challenge vs Tamworth Public
9 Sep	Red, Black and Yellow Day
9 Sep	Leisure Sport
12 Sep	Todd Woodbridge Cup Regional Final
12–16 Sep	Stage 3 Sydney/Newcastle Excursion
15-16 Sep	K-2 UNE Discovery Incursion
15 Sep	New England Sings Rehearsal
23 Sep	Last Day of Term 3
10 Oct	First Day of Term 4

P&C NEWS

Please remember to return your Meal Deal order with money by next Monday 5 September.

Please join us next **Wednesday 7 September at 6.30pm (via Zoom)** for the last **General Meeting** of Term 3. All parents and carers are welcome and encouraged to attend. If you would like to add an agenda item or the Zoom details, please contact Secretary Anna Manners at anna.manners86@gmail.com.



We hope everyone had a great time at the School Disco!!!!

PRINCIPAL'S REPORT

Last night, many of our students enjoyed dancing and playing games at the school disco. It was lovely to see them having fun. My thanks go to the teachers who prepared the playlists and activities, ran the disco and supervised students. Without your dedication and giving of your time, our students would not have had this wonderful opportunity.

Congratulations go to **Eliza** and **Joni** on their efforts at the state finals of the Multicultural Public Speaking competition. Congratulations also go to **Nulla**, who was a member of the North West rugby team at State carnival last week.

Last weekend, two teams of students participated in the regional finals of Tournament of Minds. Congratulations go to **Tristan, Lachlan, Isabelle, Sybella, Edden, Elsa** and **Kushmi** who won their discipline, Social Science on Saturday at Tamworth High School. They are now off to the State Final in

two weeks. Congratulations also go to **Stephanie, Eliza, Kithmi, Rebecca, Bridget, Ayalla** and **Naomi** who competed in the Language Literature discipline.

NAPLAN Results

Student results from this year's National Assessment: Literacy and Numeracy (NAPLAN) will be sent home to parents of students in Years 3 and 5 before the end of the week. When looking at results, please remember that these relate to one point in time. Contact the school if you have not received your child's results by Monday.

School Stream For Communication From Tomorrow

Families are reminded that *School Stream* will be the main platform for communication from tomorrow, 1 September. If you have not already downloaded the *School Stream* app **and created an account** please see page 3 of this newsletter for instructions on how to do so. If you need any assistance, please contact the office.

Kindergarten in 2023

Our thanks go to the parents who joined the virtual Kindergarten information session last Wednesday evening. **Mrs Rubie** outlined transition sessions and what to expect once children start 'big school' while parents had the opportunity to have questions answered.

If you have not applied to enrol your child in Kindergarten in 2023, please do so as soon as possible to ensure that you are advised of any Orientation to School activities in Term 4. Applications for non-local placements are welcome but are not a guarantee of acceptance. Our enrolment committee will meet later this term to determine acceptance of placement and parents will be notified in the last week of this term. Enrolment applications can now be made online at <https://enrol.education.nsw.gov.au/#/?schoolCode=1057>

Father's Day

This Sunday, we recognise all fathers and father-figures in our lives. Wishing all father-figures a very happy Father's Day. Attached to this Blue and White is a timely *Insights* article that discusses why fathers or father-figures matter.

Families are reminded that **close contacts** can only attend school if we are notified, students are not exhibiting any symptoms and provide a daily negative RAT result to the school for five school days. Students who are close contacts are strongly encouraged to wear a mask and adults should wear a mask when visiting the school. This will help us to keep students learning at school with teachers in front of classes.

Take care and stay safe,


Deborah Nay
Principal

Changes to School Communication

As at 1 September 2022 Armidale City Public School communications will be moved entirely to our School Stream App.

Please be sure to download it if you have not already.

Feel free to contact the office for questions or assistance.



Download our school app for free!

- Instant news notifications
- Online absentee forms
- Events and reminders

GET IT ON Google Play | Download on the App Store

Download, open, and search for your school

schoolstream www.schoolstream.com.au

App Download Instructions:

1. Go to the App Store and download "School Stream" to your phone.
2. Open the app and type the school's name into the search bar to load the school's profile.
3. Make sure you agree to Push Notifications when prompted.
4. Create an account if prompted.

Web Version Instructions:

1. Type this link into your web browser: <https://armidalecityps.schoolstream.net>
2. Click on "Web App for Windows..."

they endeavoured to produce their best possible solution. They developed a creative and original way to communicate their solution.

The students presented the product of their ideas - their challenge solution - to a panel of judges and an audience on Tournament Day on Saturday 27 August. They had ten minutes in which to present and did so within a 3 metre by 3 metre performance area. The teams also participated in an unseen *Spontaneous Challenge*. This challenge requires rapid interchange of ideas, the ability to think creatively and well developed group cooperation skills.

The Social Science team - **Isabelle, Sybella, Tristan, Lachlan, Elsa, Edden & Kushmi** - took out first place. All the students are to be congratulated on their outstanding efforts and enthusiasm with which they undertook this very demanding challenge.

Our winning team will now go on to Sydney to compete in the NSW State Final on Sunday 11 September. We wish them all the best.



BASKETBALL GALA DAY SKILLS & GAMES



**EVERYONE'S GAME
IT'S FUN & FREE**

SUNDAY 4TH SEPTEMBER
10:00am-11:30am 9-12 yrs
12:00pm-1:30pm 13-16 yrs

"The Den"
180 Butler St, Armidale



THE FUTURE IS BRIGHT!
MORE INFO TO COME

Northern Inland Basketball League (NIBL)



Multicultural Public Speaking

On Monday 29 August two students travelled to Grafton Public School to contest the regional final of the Multicultural Perspectives Public Speaking Competition. Joni represented Stage 2 and presented her prepared speech with great confidence. Eliza represented Stage 3. Both of the students had won the local final and represented the school with great pride and performed admirably on the day. We look forward to more students being involved in the competition again next year.



Tournament of Minds Champions

Tournament of Minds is a problem-solving programme for teams of students from both primary and secondary years. It is an opportunity for students with a passion for learning and problem solving to demonstrate their skills and talents in an exciting, vibrant and public way.

Our teams were required to work together on a *Long Term Challenge* for six weeks without assistance from teachers, parents or peers. They were encouraged to explore possibilities and experiment with ideas as

Premier's Debating Challenge

On Wednesday 7 September the debating team Armidale City Blue will compete in the first knockout round of the Premier's Debating Challenge. The team of **Tom, Eliza, Sam, Ayalla, Bridget, Stephanie & Kithmi** have done a great job debating in various team combinations with them finishing as Zone champions. They have been routinely complemented on the way they work together as a team and their strong preparation and presentation. We wish them all the best as they compete against Tamworth Public School.

INSIGHTS

Why dads matter



Father's Day can be a tricky occasion for some families, especially for those who don't have a father who is present in their life because of family breakdown, or a geographical distance which may not allow them to be close by. There are also those of us who have lost a father, or who are being raised by single mums who are both mum and dad to their kids. This too can impact how our kids view 'dad' and what he means to them. Other family structures exist where dad is not present either, and this can complicate Father's Day further.

The reality is that dads, when present and safe, take different shapes and forms. And research shows that kids thrive when dad is that positive, safe presence in their lives.

Over the past few decades, research has shown us that dads (and other male role models like teachers, coaches, church leaders, uncles, grandpas, and more) matter. Enormously. Their positive impact cannot be understated or waved away. And research also tells us that dads (and those other male role models) are stepping up and presenting that positive and active presence in their children's lives.

Why do dads matter?

Having involved fathers, however they might look to you and your family, has a lasting effect on their children's lives, for the better.

Firstly, dads engagement can help kids achieve better results at school, help increase their self-esteem and even reduce the risk of delinquency, substance abuse and other high-risk behaviours in kids. Known as the **'father effect'** – this umbrella term describes these and the many other benefits of a paternal presence, a presence who values and prioritises quality time.

Secondly, these dads matter because their influence, attention, nurturing, and affection help promote children's social and emotional development. They set up a healthy relationship with their children, allow for emotional growth and help develop positive health and wellbeing. And they provide a model of healthy masculinity for their kids; the kind of masculinity that helps those around them feel safer and stronger.

Third, there is a sense of acceptance and security that fathers can help provide which not only help our kids in the short term but continues as they move into adulthood as well. This protective presence can come from both parents but seems particularly present with actively and positively engaged fathers.

Fourth, engaged fathers matter because they can also help our kids develop important life skills including respect, problem solving, empathy and social skills. They teach them about limits, consent, and responsibility. Researchers aren't quite sure why or how, but these things seem to develop differently when dads are present versus when they're not.

What does an engaged dad look like?

In TV talk, an engaged dad looks like everyone's favourite blue heeler dad, Bandit from Bluey.

Provided as a part of our school's Parenting Ideas membership

parentingideas.com.au

If you've watched the show, you'll have seen that Bandit isn't perfect. He can be dismissive now and then. He can say things that are challenging. But despite his imperfections (which we all have), Bandit listens to his children – their thoughts, their concerns, their dreams and their ideas. He encourages them, he challenges them, he shows an interest in them.

And Bandit talks to his children – he makes jokes, he reads books, he tells them about his day, he involves them in other parts of his life. He is verbally expressive with clear communication but without being controlling or belittling.

Bandit plays with his children – he kicks the footy in the backyard, or feeds the baby doll a bottle; he helps put together Lego or find the missing piece of a puzzle. He supports their interests, imagination, and growth. He helps set limits and boundaries and regulate emotions.

Bandit also supports his children – emotionally he helps navigate their problems or worries with them, he doesn't dismiss them. Rather he guides them to solve problems or cope with disappointment themselves. He supports them physically – he watches their sports matches, or dancing recitals; he is their biggest supporter.

Bandit is a positive role model – he demonstrates values that he wishes to instil within his own child/ren. He is honest and shows integrity. But he's not perfect. He makes mistakes – because he is human and when he does, he will own them and will say sorry.

He grows alongside his kids – as his children get older and mature, his relationship with them evolves with it. They learn about each other and grow and feel confident and secure in their relationship together. He values self-care – he has time for himself and ensures his own wellbeing and health is prioritised too because without this, he can't be his best self.

All dads are different but equally important

These qualities of an engaged dad aren't a checklist that dads need to tick off. Every dad will be different and that is okay. What's important is that dads are there for their kids and want to grow with them. That's what life is. Growth. That is what our kids will notice the most and how they will know you matter... because you do!



Shona Hendley

Shona Hendley is a freelance writer and a former secondary school teacher. Her work appears in Kidspot, ABC Everyday, The Guardian, Body + Soul, and News.com.au amongst others. Shona currently lives in regional Victoria with her family, including husband, two daughters, two cats, and three super cheeky goats. You can follow her on [Instagram](#).

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parentingideas.com.au

Book Week 2022

"Dreaming with Eyes Open"

The theme is about stepping into your own story, dreaming with eyes open...



listening to Country as the first storyteller...

learning from friends who help you on your way.

ACPS will be celebrating the Children's Book Council of Australia, Book Week 2022 from Monday 5th to Friday 9th September (Week 8).

Students and teachers will be exploring some of Australia's finest books and step into their own dreaming stories.

Colouring Competition – students from years K-2 and 3-6 will each have the chance to win a jar of 'Milk and Cookies' – milk bottle lollies and fortune cookies. The competition opens Monday 29th August and closes Friday 2nd September. Students may use pencils, textas, crayons and/or paint; one entry per student; the winners will be announced at morning lines on Monday 5th September.

Book Character Parade – come dressed as your favourite character from any book on Tuesday 6th September. If you would like to come as a 'G' or 'PG' rated film/dvd/tv/movie character PLEASE make sure that these were based on a book. Students may wear play clothes if they choose not to dress as a book character.

Aaron Blabey Australian Author Team Quiz – Thursday lunchtime. Teams of students will battle for the Book Week Team of 2022. Aaron Blabey is famous for writing the 'Pig the Pug' series and the 'Bad Guys' series which was recently adapted for the big screen.



NEW ENGLAND CONSERVATORIUM OF MUSIC PRESENTS NEW ENGLAND SINGS!

SUNDAY 23 OCTOBER 2:30PM
Armidale Secondary College

New England Sings! is our nationally acclaimed, award-winning choral showcase bringing together over 900 students from across 30 regional schools, accompanied by an 80-piece orchestra.

Premiering specially commissioned works by Justine Clarke (Play School), Luke Byrne and a collaboration between the Side by Side Choir and singer songwriter Fergus James.

Adults: \$30 Students: \$20
Tickets: www.trybooking.com/CBWYY



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